

CHAPLIN ELEMENTARY SCHOOL

August/September 2018

Student Lunch: \$2.75 (**Milk Included**) Monthly lunch: \$60.50

Milk .50

Adult Lunch: \$3.50

(There will be a \$20.00 fee for any Returned Checks)

Grab and Go Breakfast is served daily for \$1.50 (8:30am)

****Menu is subject to change****

All Breads are Whole Grain!



A Variety of Fresh Fruit and Vegetables are offered daily!

Alternate lunches offered everyday are:

* Peanut Butter & Jelly (or Fluff) Sandwich

* Cheese Sandwich

* Chef Salad (please order by 10am)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		29	30	31
		Tuna Salad Sandwich topped with Shredded Lettuce Potato Chips Dill Pickle Spear	Popcorn Chicken French Fries Corn	Cheese Pizza Garden Salad with Dressing Selection
3 No School Labor Day	4	5	6	7
	Waffles Home Fries Sausage Links Yogurt Cup <i>Treat Tuesday!!</i>	Crunchy Shell Beef Taco with Cheese, Lettuce, and Salsa Rice Refried Beans	Chicken Patty Sandwich Potato Salad Corn on the Cobb	Mini Cheese Pizza Crunchy Broccoli Florets with Hummus
10	11	12	13	14
Chicken Nuggets Seasoned Noodles Mixed Vegetables	Turkey Grinder with Cheese, Lettuce, and Tomato Potato Chips Dill Pickle Spear <i>Treat Tuesday!!</i>	Warm Bagel with Cream Cheese or Jelly Sausage Patty Oven Potatoes	Egg Salad on a Croissant Pretzel Sticks Cucumber Slices	Choice of Cheese or Pepperoni Pizza Caesar salad
17	18	19	20	21
Grilled Cheese Sandwich Goldfish Crackers Crunchy Carrot Sticks	Grilled Chicken Salad Wrap Fritos Green Beans <i>Treat Tuesday!!</i>	Oatmeal Bowl with Choice of Toppings Hash Brown Patty Baked Apples Yogurt Cup	Hot Dog French Fries Baked Beans	French Bread Pizza Crunchy Celery Sticks
24	25	26	27	28
Sausage, Egg, and Cheese Sandwich Home Fries Fresh Fruit Salad	Cheeseburger or Hamburger Tater Tots Broccoli <i>Treat Tuesday!!</i>	Teriyaki Chicken Strips Rice Peas	Ham and Cheese Sandwich Potato Chips Dill Pickle Spear	Choice of Cheese or Pepperoni Calzone Garden Salad

Dear Families,

*Welcome to the 2018-2019 school year!!
Chaplin Elementary School remains
committed to promoting healthy food
choices for our students while maintaining
high nutritional standards. Many of the
fruits and vegetables that are offered on our
menu are locally sourced and brought in
weekly. School lunches are a great value
and a huge convenience for busy families
too!*

*The school cafeteria uses a web based
program called Power Lunch. Each student
has their own lunch ID card with a bar
code (these cards are kept at school).
Accounts are automatically debited as
students pass though the lunch or breakfast
line. Please be sure all funds sent in with
your child are labeled with their name and
grade. It is extremely important all lunch
accounts are kept current. If you have any
questions or concerns please do not hesitate
to contact me! Looking forward to a great
school year!!*

*Jessica Texera
Food Service Director*

**Water bottles sold daily for .50 cents
*Ice Cream sold on Fridays (must be paid
for in cash at the time of service only)*