

CHAPLIN ELEMENTARY SCHOOL

October 2018

Student Lunch: \$2.75 (Milk Included) Monthly lunch: \$57.75

Milk .50

Adult Lunch: \$3.50

(There will be a \$20.00 fee for any Returned Checks)

Grab and Go Breakfast is served daily for \$1.50 (8:30am)

****Menu is subject to change****

All Breads are Whole Grain!

A Variety of Fresh Fruit and Vegetables are offered Daily!

Alternate lunches offered everyday are:

* Peanut Butter & Jelly, Peanut Butter and Fluff, or Cheese Sandwich

*Chef Salad (please order by 10am)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Popcorn Chicken Curly Fries Green Beans	2 Tuna Salad Wrap Chips and Pretzels Cucumber Slices <i>Treat Tuesday!!</i>	3 Pasta with Meat Sauce Dinner Roll Broccoli	4 Turkey Grinder with Cheese, Lettuce, and Tomato Cup of Soup Oyster Crackers	5 Choice of Cheese or Mushroom Pizza Caesar Salad
8 No School Columbus Day 	9 No School Professional Development 	10 Warm Bagel with Cream Cheese or Jelly Oven Potatoes Yogurt Cup	11 Fun Shaped Fish French Fries Corn on the Cobb (Locally Grown!)	12 Mini Cheese Pizza Crunchy Broccoli and Carrot Sticks with Hummus
15 Chicken Patty Sandwich Seasoned Noodles Mixed Vegetables	16 Choice of Ham and Cheese or Buffalo Chicken Stromboli Cauliflower <i>Treat Tuesday!!</i>	17 Taco Salad (beef, cheese, lettuce, salsa, corn chips) Rice Refried Beans	18 Chicken Caesar Wrap Potato Wedges	19 French Bread Pizza Three Bean Salad
22 Waffles Sausage Links Hash Brown Patty	23 Macaroni and Cheese Popcorn Chicken Broccoli <i>Treat Tuesday!!</i>	24 Shepherd's Pie (seasoned ground beef, gravy, corn, and mashed potatoes) Dinner Roll	25 Chicken and Rice Stir- Fry Bowl Vegetable Egg Rolls	26 Cheese Pizza Garden Salad with Dressing Selection
29 Grilled Cheese Sandwich Goldfish Crackers Tomato Soup	30 Open Face Turkey Sandwich topped with Gravy Mashed Potatoes Butternut Squash <i>Treat Tuesday!!</i>	31 Halloween Nuggets Tater Tots Green Beans Boo!!! Happy Halloween!		

Friendly Reminders:

**It is very important to keep your child's Power Lunch account current. If you need balance information, please call or email me.*

**Applications for free and reduced lunch are available in the nurse's office and may be filled out at any time during the school year*

Thank you!

*Jessica Texera
Food Service Director
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