

It is anticipated that the Connecticut DPH will be providing additional guidance on the below matters in the coming days. Therefore, this information is strictly preliminary and subject to change.

## *Health Monitoring Plan*

### *Protocols for Monitoring Symptoms Related to COVID-19*

- Students showing symptoms consistent with COVID-19 while in school will be placed in the isolation room. Staff showing symptoms consistent with COVID-19 while in school will be dismissed immediately from the school building. These symptoms included but are not limited to:
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
- If someone is showing any of these COVID-19 emergency warning signs, the school will seek emergency medical care immediately:
  - Trouble breathing
  - Persistent pain or pressure in the chest
  - New confusion
  - Inability to wake or stay awake
  - Bluish lips or face

(Source: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>)

- The student or staff member will be sent home until guidelines for returning to school and work are met (See separate Return to School and Work Criteria).
- Active screening will not be required for students or staff entering the school building.
- Students will remain in an “isolation room” (see separate Containment Plan) until they can be released to a parent or guardian.
- Parents/guardians/staff are encouraged to seek medical evaluation and COVID-19 PCR testing.
- Immediate notification of the EHHD including compliance with requests for information while maintaining relevant privacy and public health confidentiality laws.

- The school nurse will coordinate with the EHHD regarding the review and monitoring of any health data trends.